



Breakfast & Brunch

two slices of sourdough
toast... 1.65 o add jam... 95p

lemon peas paste on toast
with courgette ribbons... 4.85

crushed avocado with chilli
& olive oil on toast... 4.85

add extra toppings

- o two free range poached eggs... 1.85
- o tomatoes & black sesame seeds... 1.85
- o crispy bacon... 2.50
- o smoked salmon... 3.50

three eggs scrambled with...

smoked salmon... 7.95

bacon... 7.95

oven baked omelettes

feta cheese, spinach & isle of
wight tomatoes... 7.95

bacon, cheese & red onion... 7.95

cibo one pan cooked
breakfasts...

sausage, bacon, egg, mushroom
& homemade beans... 8.50

vegan sausage, avocado, tomato,
mushroom & homemade beans...
8.50

beef mince tortilla with spicy
tomato sauce & baked eggs...
9.50

summer sweetcorn &
courgette bubble and
squeak served with...

bacon and two free range
eggs... 7.50

mushroom, red onion & vegan
cheese... 7.50

sweet waffles

bacon & maple syrup... 7.00

nutella & ice cream... 6.50

Cibo Sandwich Club

all served with mexican salad and tortilla chips

- o yankee bun with egg, bacon and cheese... 5.50 o add sausage... 1.50
- o smoked salmon, cucumber ribbons, salad & dill mustard sauce ciabatta... 8.50
- o chicken, bacon & avocado ciabatta... 8.50
- o tuna mayo wrap with cucumber and sweetcorn salad... 8.00
- o lemon peas paste, courgette ribbons & tomato salad ciabatta... 7.00
- o lamb kofta wrap with mint yoghurt, red onion & tomato salad... 9.00

Lunch

served from 12pm

salads

mexican kidney bean salad with
couscous - tomato, rocket,
sweetcorn, red onion, balsamic
vinegar... 9.50 o add tuna... 2.50

feta and watermelon salad with
rocket and walnuts... 10.50
vegan cheese available

baked avocado with smoked salmon
and egg, mixed salad... half 9.50...
full 11.50

baked avocado with vegan cheese,
mushroom, red onion, mixed salad...
half 8.50... full 10.50

pasta gluten free available

cold penne arrabbiata... 7.50

penne puttanesca - tomato, olives,
capers and courgette... 11.50

spaghetti bolognese... 11.50

risotto

vegan coconut & lime risotto,
turmeric & curry cauliflower &
toasted almonds... 12.50

truffle & wild mushroom risotto...
11.50

add extra toppings

- o chicken or bacon... 3.00
- o prawns... 3.50
- o anchovies... 2.00