

Starters If You have any allergies or dietary requirements pleas speak to our staff

Bread basket with balsamic vinegar and extra virgin olive oil... 3.75

Marinated olives... 3.50

Garlic bread... 3.50 (topped with mozzarella... +1.00 / topped with mozzarella & mushroom... +2.00)

Pumpkin hummus with a dash of peanut butter s/w tortilla chips... 4.95

Marinated mushroom bruschetta & roasted tomato s/w rocket salad... 7.00

Maple & whisky Prawns with caramelised chilli butternut squash s/w focaccia... 8.50

Turmeric olive paste bruschetta s/w tomatoes & rocket... 7.00

Baked chorizo with maple and thyme sauce, pumpkin hummus & olives s/w focaccia... 8.50

Mushroom & buckwheat Pate s/w plum compote & focaccia... 7.50

SALADS

Warm beetroot, maple & chilli butternut squash salad with buckwheat, rocket & homemade whisky balsamic dressing... 11.50

Baked Avocado with smoked salmon & egg served with mixed salad and Orange balsamic dressing half... 9.50 full... 11.50

Vegan baked Avocado with mushroom, red onions & vegan cheese s/w mixed salad and Orange balsamic dressing half... 8.50 full... 10.50

Add toppings

shredded duck / caramelized goats cheese / Maple chorizo... 3.50

Cherry tomatoes / roast spicy chickpeas, mixed nuts & seeds... 2.50

Pasta risotto and gnocchi Gluten free fusilli pasta available

Penne Bolognese... 12.50

Macaroni cheese... 8.50

Vegan Paella - peppers, peas & red onion... 11.50

Spicy penne arrabbiata... £8.00

Gnocchi with Beef Goulash & parmesan 13.95

Butternut Squash Risotto with Kale, Ginger Coconut

Milk ,Black sesame seeds 12.50

Creamy white wine smoked haddock Penne baked with tomatoes, leek & roasted chickpeas... 15.90

Beetroot & walnut risotto topped with goats cheese or vegan cheese... 12.00

Truffle oil & wild mushroom risotto... 11.50

Add toppings

Bolognese, goulash, bacon, duck, chorizo or chicken... 3.00 or x5 king prawns... 4.00

MAINS

Papillote cooked smoked haddock in creamy turmeric & ginger sauce, sliced potatoes, kale & roasted tomatoes... 17.50

Slow cooked duck leg s/w roasted red cabbage & apple, pan fried polenta & plum compote sauce... 16.00

Pork belly with aromatic roasted sauerkraut & bacon s/w new potatoes & jalapeno mustard sauce... 16.50

Vegan stuffed butternut squash with leek, kale, tomatoes & buckwheat, roasted spicy chickpeas & organic cider & balsamic dressing... 14.00

Sides - Rocket salad... 4.00 / pan-fried polenta with tomato salsa & balsamic dressing... 4.50